



Off Road Driving – 4x4



Welcome to Peak Training Scotland

Professional 4x4, ATV & UTV driver training, delivered on real-world terrain in Scotland.

Our training courses focus on practical, certificated training that keeps drivers safe and employers compliant with UK legislation.

At Peak, we specialise in:

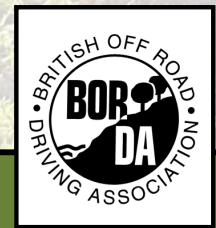
- 4x4 driver training
- ATV (quad bike) and UTV (side-by-side) training
 - Winch & recovery training
- Risk management for challenging environments
- Event and safety consultancy

Every course is tailored to your needs and certificated by the **British Off Road Driving Association**, the UK's only professional association dedicated to off road driving.

Peak Training is a trading name of 4x4 Adventures Scotland Ltd (Company no. SC673273), based in West Dunbartonshire near Loch Lomond.



Off Road Driving – 4x4



Professional 4x4 Training

If your staff operate 4x4 vehicles off-road, employers have a duty under the **Health & Safety at Work Act** and **PUWER** regulations to provide certificated training.

Our BORDA accredited, certificated training courses build the skills and knowledge required to drive safely on varied off road terrain.

3 training levels are available:

- Basic
- Standard
- Higher

Each course is tailored to your needs and can be delivered at your site (if suitable) or at our dedicated training centre in West Dunbartonshire.



Off Road Driver Training - Basic

Introduction

Our basic off road driver training course provides an introduction to the key driving techniques required for using an 4x4 off-road, along with the potential risks involved. The basic course is designed for operators expecting to use their vehicles on mild ground conditions with moderate traction and gentle slopes up to 15 degrees.

What the course covers

- Operator safety, PPE and environmental considerations
- Basic 4x4 vehicle controls and transmission types
- Pre-use and post-use vehicle checks
- Starting and stopping with moderate traction on mild slopes
- Emergency stop procedures
- Gentle ascents and descents
- Basic route planning and risk assessment

Training outcomes

On successful completion, participants will:

- Have knowledge of safety and legal requirements for off road 4x4 use
- Be able to carry out daily checks and ensure vehicles are safe to use
- Have knowledge of mechanical & electronic 4x4 systems, gearboxes, and differentials
- Be able to operate 4x4 vehicles safely and confidently on mild off-road terrain
- Be able to apply correct techniques for gradients, ruts, ditches, and obstacles

Who it's for

Operators who use 4x4 vehicles occasionally or in light off-road environments where ground conditions and slopes are mild. Suitable for both private and commercial operators.



Off Road Driver Training - Standard

Introduction

Our most popular option and the course we recommend for most 4x4 operators. The standard level off-road driving course provides comprehensive training for those who will use 4x4s in varied off road terrain, including moderate slopes up to 25 degrees and conditions with reduced traction.

What the course covers

- Operator safety, PPE and environmental considerations
- 4x4 vehicle controls and transmission types
- Pre-use and post-use vehicle checks
- Starting and stopping with reduced traction
- Emergency stop procedures
- Moderate ascents, descents & side slopes
- Route planning and risk assessment for varied terrain

Training outcomes

By the end of this course, participants will:

- Understand safety and legal requirements for off road 4x4 use
- Carry out daily checks & confirm vehicles are safe to operate
- Understand drive types, gearboxes, differentials, and driver aids — applying the right systems when required
- Plan off-road routes that account for terrain & vehicle limitations
- Operate vehicles safely and confidently on varied terrain, forwards and in reverse, including with limited traction
- Apply correct techniques for ascents, descents, ruts, ditches, side slopes, and obstacles
- Demonstrate self-recovery techniques (e.g. after loss of traction)

Who it's for

Operators who regularly use 4x4 vehicles in moderate off-road conditions where traction may be limited. Suitable for both private and commercial operators.



Off Road Driver Training - Higher

Introduction

Usually delivered over two days, our advanced course for operators requiring comprehensive knowledge and specialist techniques. The Higher Level Off-Road Driving Course is designed for 4x4 vehicle operators who are likely to encounter steep, unpredictable, or unknown terrain.

What the course covers

- Operator safety, PPE and environmental considerations
- Comprehensive vehicle controls and transmission types
- Pre-use & post-use checks, including equipment
- Starting and stopping with limited traction on steep slopes
- Emergency stop procedures
- Steep ascents and descents
- Negotiating challenging terrain and performing thorough risk assessments
- Driving in darkness
- Shallow wading techniques
- Optional modules: off road load carrying and off-road trailer use

Training outcomes

By the end of this course, participants will:

- Be able to demonstrate advanced knowledge of 4x4 drive types, gearboxes, differentials, and driver aids, applying systems effectively
- Have the ability to plan challenging off-road routes considering terrain & vehicle limits
- Operate 4x4s safely and confidently on steep terrain, both forwards and in reverse, including on low traction terrain
- Apply advanced techniques for steep ascents, descents, ruts, ditches, side slopes, obstacles, and shallow water crossings
- Perform self-recovery after traction loss
- Carry out basic tow recovery
- (Optional) Operate a 4x4 safely off road while carrying loads or towing trailers

Who it's for

Experienced 4x4 operators who work in steep, remote, or unpredictable off-road environments.



Pricing

All off road driver training is available using either your own 4x4 or one of our fully equipped Toyota Hilux or Land Rover Defender training vehicles.

Basic / Standard (1 day)

Customer's vehicle - £579 +VAT
Peak Scotland vehicle - £679 +VAT

Higher (2 days)

Customer's vehicle - £995 +VAT
Peak Scotland vehicle - £1,195 +VAT

All pricing is based on two trainees attending our training centre in West Dunbartonshire, near Loch Lomond. Certification and course notes are included, and all certificates are valid for three years.

For on-location courses, group bookings and trade contracts, please contact us for a tailored quote.



About Us

Peak Training Scotland specialise in accredited off road driver training in 4x4 vehicles, ATVs & UTVs, as well as safety consultancy and event support. Our focus is on practical, real-world training that keeps drivers safe and employers compliant with UK legislation.

Our instructors bring experience from various sectors including agriculture, forestry and utilities. This ensures we understand both the technical aspects of off-road vehicles and the day-to-day challenges faced across different sectors.

Peak Training Scotland are a trading name of 4x4 Adventures Scotland Ltd (Company no. SC673273)

Where to find us

Peak Training Scotland
c/o 4x4 Adventures Scotland Ltd
Unit 1, Block 5, Strone Road
Lomond Industrial Estate
Alexandria
G83 0TL

Phone: 01436 648 595

Email: training@peakscotland.com





Off Road Driving – 4x4

